



3235 Chili Avenue
Rochester NY 14624
(585)889-6185

March & April 2018

Mary Anne Sears - Director Programs for the Aging
Michael Ferugia, Pam Holihan, Gwen Machulskis - Clerks

Monday—Friday 9:00 am—4:00 pm

MISSION STATEMENT - The Chili Senior Center supports adults in their effort to remain healthy, active, & independent members of the community by providing socially, intellectually, & physically enriching activities for senior adults age 55 & over. The Chili Senior Center also serves the senior community by acting as a resource for senior related issues.

PROGRAM SIGN UP A SINGLE EVENT SHEET MUST BE FILLED OUT FOR EACH PERSON, FOR EACH PROGRAM THEY SIGN UP FOR. THERE MAY BE A WAITING PERIOD IF YOU ARE NOT A CHILI RESIDENT. SOME ACTIVITIES MUST BE PAID FOR IN CASH.

PLEASE BRING EXACT CHANGE AS THERE WILL NOT BE ANY CHANGE AVAILABLE.

Inclement Weather - Closing procedure: If it is a lunch day, which is a Monday or Thursday, and the "Office for the Aging" cancels Lunch Club 60, the Center is still open. This announcement will be made on channels 8, 10, and 13. The Chili Senior Center is closed only if the Town of Chili is closed. This decision is made by Supervisor David Dunning. There will be a message on the answering machine, 889-6185.

St. Patrick's Luncheon & "Baker, Paul & Parnell" Concert

Supervisor Dunning will again be cooking for us. Enjoy potato soup, corned beef, cabbage, potatoes, carrots, beverage, & dessert. Following lunch, "Baker, Paul & Parnell" will be here to entertain you with awesome Irish Music & their blarney.

Friday, Mar. 16th. Limited sign up.

Lunch @ 11:30 am. Concert @ 12:30 pm.

Cost \$5/person (includes lunch & concert).

Please sign up & pay in advance.



"Music Makers" Concert Come & enjoy some big band swing! Awesome music for dancing and listening!

Tuesday, Apr. 3rd @ 11:00 am.

Cost: FREE!!! Please sign up at the desk in advance.

"Top Brass" Concert - Enjoy some great sounds of Dixieland, Swing, & Big Band Music. A great way to spend an afternoon.

Friday, Apr. 6th @ 1:00 pm.

Cost: FREE! Please sign up at the desk in advance.

Friday the Thirteenth Luncheon - Bring along your good sportsmanship & join us here at the "You May Regret It Restaurant." We aren't telling you what the menu is but guessing you may have some laughs along the way.

Friday, Apr. 13th @ 11:30 am. Limited sign up.

Cost: \$5/person. Please sign up & pay at the front desk.

High Five Fun - Come try your hand & luck. Enjoy some High Rollers, Black Jack, lunch, & more! Additional chips can be purchased. No money exchanged, just fun.

Friday, Apr. 20th @ 12:00 pm. Limited sign up.

Cost: \$5/person. Please sign up and pay at the desk.

"Josie Waverly" Concert - Josie's back again and ready to share her terrific music with all of you! Do not delay. Her concerts sell out fast!

Friday, Apr. 27th @ 1:00 pm. Limited sign up.

Cost: \$2/person. Please sign up and pay in advance.

Welcome Summer Picnic @ Chili Senior Center - New Menu & New Caterer. "Full Belly Deli" will be providing 3 Salads, Green Bean Almondine, Chicken French, & Italian Sausage & Peppers. Includes beverage & dessert.

PLUS: SURPRISE ENTERTAINMENT!

Friday, May 4th @ 11:30 am. Limited sign up.

Cost: \$5/person Please sign up & pay in advance.

UPCOMING TRIPS



Buffalo Broadway Market, Our Lady of Victory Basilica, Erie County Botanical Gardens, Curly's Grille

Wednesday, Mar 28th. \$80/person.

Sprague's Maple Farm & Eldred WWII Museum

Includes breakfast (Pancake/Egg/Meat of choice) at Sprague's Maple Farm in Portville Ny, World War II museum in Eldred, PA and a stop at Cuba Cheese Shoppe.

Tuesday, Apr. 17th. \$72/person.

Buffalo Naval Park, Includes a tour of Buffalo Naval Park, Herschell Carrousel Factory Museum tour, Lunch at Eagle House Restaurant, & a local candy store.

Tuesday, May 22nd. \$89/person.

Triple Treat in Lancaster Round trip transportation via deluxe motor coach, 2 nights accommodation at the Heritage Hotel, Lancaster, PA, 2 breakfasts, lunches & dinners. Attend Dutch Apple Dinner Theatre featuring "Grease", "Jesus" at Sight & Sound Theatre, "Songs of the Silver Screen" at American Music Theatre, Visit to Bird In Hand Farmers Market Shopping time at Kitchen Kettle Village

June 5th-7th, 2018. More information at the Center.

WE ARE ON THE WEB!

"www.townofchili.org"

"Thrive Here"

"Senior Citizen Programs"



WE'RE ON FACEBOOK!

Check us out on Facebook.
"Chili Senior Center."
Let us know what you would like to see!



Monroe County Bingo - Friday, May 11th

Evening Music - Wednesday, May 16th

"Spring Fling" - Wednesday, May 23rd

Marcy Downey - Friday, May 25th

Reminder: ALL food brought to the Center must be store bought, in original container.

FOR SOME SCHEDULED PROGRAMS, CHILI RESIDENTS WILL BE GIVEN PREFERENCE. AS SPACE ALLOWS, THESE ACTIVITIES WILL BE OPEN TO NON-RESIDENTS. BASED ON THE NATURE AND EXTENT OF SOME OF OUR PROGRAMS, THERE IS A POSSIBILITY THAT WE MAY ASK YOU TO RECONSIDER THE TRIP, DUE TO EXTENSIVE WALKING, ENDURANCE, OR OTHER FACTORS. THANK YOU FOR YOUR UNDERSTANDING.

TRIP INFO: FOR SAFETY REASONS, SENIORS ARE NOT ALLOWED TO GET ON OR OFF ANY TOWN VEHICLE WITHOUT STAFF/DRIVER ASSISTANCE.

Eldersource - An Eldercare advisor will be at the Center to provide guidance in eldercare situations. No appointment is necessary. First come, first served.

Mondays, Mar. 12th & Apr. 9th from 10:00 am - Noon.

Stretch & Strengthen - Join us for some exercise fun to keep us strong, flexible, and improve coordination.

Tuesdays from 1:00 to 2:00 pm.

Thursdays from 2:30 to 3:30 pm.

Cost: FREE!

Have a Ball Fitness Class: Toning Exercises with a Ball -

Tone up from head to toe with these moves using an exercise ball to target your abs, arms, butt, thighs, and improve your balance. Come try it out!

Thursdays @ 1:00 pm.

Cost: FREE!



Excellus Health Care - Do you have questions concerning your health care & insurance coverage? Stop in and talk to a representative on an individual basis.

Wednesdays, Mar. 14th & Apr. 11th from 10 am to Noon.

Zentangle - This is an easy-to-learn, relaxing & fun way to create beautiful images by drawing structured patterns. Anyone can use it to create lovely images. It increases your focus, creativity, and provides artistic satisfaction.

All materials are provided.

Thursdays, Mar. 1st & 15th, Apr. 5th & 19th @ 1:30 pm.

Cost: FREE!

Mystery Lunch Trip - The snow is gone, so away we go! American Food. Limited sign up.

Chili Residents have priority for sign up.

Non Residents sign up starts March 14th.

Wednesday, Apr. 4th. Depart @ 10:15 am Return ~ 1:15 pm.

Bus Cost: \$2/person Lunch Cost - On your own.

Please sign up & pay in advance.

Jim Gray Presentation - Join us for this informational talk with Jim, the owner of James Gray Funeral Home. Now is the time to educate yourself.

Thursday, April 12th @ 11:00 am.

Cost: FREE! Please sign up at the desk in advance.

Information on Essential Oils Class - Have you been hearing a lot about essential oils? Therese will be here to hear what you would like to learn about oils & what items you are interested in making. Then we will be scheduling two classes for you to learn about oils and make items to take home.

Wednesday, Apr. 25th @ 10:00 am.

Cost: FREE! Please sign up at the desk in advance.

Hiking Adventures - It's that time of year again. We welcome all hikers whether you have hiked before or not. We want you! Information is available at the Center.

Begins Wednesday, Apr. 25th.

HOLY MOLY SALE - AVAILABLE AT THE DESK FOR \$3/EA. OR 4/\$10.

Soldiers Wish List We have a list of suggested items at the Center. Purchase any items and bring them back to the Center. We collect items year round and boxes are shipped each month to our overseas men and women. Monetary donations to cover and defray shipping cost are welcomed.



AARP SMART DRIVER - UPCOMING CLASSES

Tuesdays & Fridays 9:00 am - Noon

Mar. 20th & 23rd, Apr. 17th & 20th, May 15th & 18th

\$20/AARP MEMBER, \$25/OTHERS

PLEASE SIGN UP IN ADVANCE.

CHILI RESIDENTS HAVE PRIORITY!



ORDER YOUR CHILI SENIOR CENTER SHIRTS TODAY!

PAY IN FULL WHEN ORDERING CASH OR CHECK

Warmer weather is on the way, so we are taking orders for long & short sleeve t-shirts.

Short Sleeve T-Shirts - S-XL \$9, 2XL \$13

Long Sleeve T-Shirts - S-XL \$16, 2XL \$17

Complimentary Community Blood Pressure Checks

Stop in to have one of the professional and caring providers from the CHS Mobile Integrated Healthcare check your blood pressure. Learn what the numbers mean and what they mean to your health.

The second Wednesday of each month from 1:00 pm to 2:30 pm.



Blood Pressure checks also on the first Thursday of each month from 10:30 am - 12:00 pm.

FOOD FOR SENIOR ASSISTANCE

SWEM - 585-235-4491

Pearce Food Cupboard - 585-594-9488

Grace Covenant Food Pantry - 585-889-2130



"The Wonderful World of Oz"! Join us for a unique presentation of "Wizard of Oz" to be presented at RIT campus. You will be amazed at this performance! Limited sign up.

Chili Residents sign up begins Apr. 2nd.

Non Residents sign up begins Apr. 11th.

Sunday, April 22nd

Depart @ 1:00 pm. Return ~ 5:00 pm.

Cost: \$10/person. Please sign up and pay at the desk.





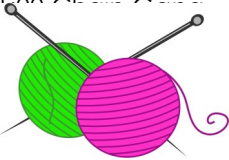




CHILI HISTORICAL SOCIETY









at Streeter's Inn is looking for new members & volunteers. If you are interested please call Carol @ 889-2596.



March 2018

Monday	Tuesday	Wednesday	Thursday	Friday
<p>LUNCH CLUB 60 SUGGESTED CONTRIBUTION IS \$3.00/PERSON</p> <p>PLEASE BE SURE YOU SIGN UP FOR LUNCHESES AT LEAST TWO WEEKS IN ADVANCE</p> 			<p>1</p> <p>9:30 Mahjongg 10:30 BLOOD PRESSURE 11:30 BIRTHDAYS 12:00 Lunch Club 12:45 Bingo 1:00 Ball Class 1:30 Zentangle 2:30 Stretch & Strengthen</p> <p>Chicken Breast Sandwich on Bun</p>	<p>2</p> <p>10:30 St. Pius 11:30 FISH FRY 2:00 Table Tennis</p> 
<p>5 FOOTCARE</p> <p>10:00 Silver Chords-Out 10:00 ICELAND TRIP MEETING 12:00 Lunch Club 12:45 Bingo</p> <p>Chicken Cordon Bleu</p>	<p>6</p> <p>8:30 SENECA NIAGARA 12:30 Bridge 1:00 Stretch & Strengthen 2:00 Table Tennis</p>	<p>7</p> <p>9:00 Chili Carvers 12:00 Euchre 1:00 Canasta 1:00 Chain Gang</p>	<p>8</p> <p>9:30 Mahjongg 12:00 Lunch Club 12:45 Bingo 1:00 Ball Class 2:30 Stretch & Strengthen</p> <p>Stuffed Cabbage w/Sauce</p>	<p>9</p> <p>1:00 MOVIE - "WONDER" 2:00 Table Tennis</p>
<p>12</p> <p>10:00 Silver Chords-Out 10:00 ELDERSOURCE 12:00 Lunch Club 12:45 Bingo</p> <p>Pub Burger on Bun</p>	<p>13</p> <p>9:30 GAME TIME 11:30 SOUP & "SAM" WICH 12:30 Bridge 1:00 Stretch & Strengthen 2:00 Table Tennis</p> 	<p>14</p> <p>9:00 Chili Carvers 10:00 EXCELLUS 12:00 Euchre 1:00 BLOOD PRESSURE 1:00 Canasta 1:00 Chain Gang</p>	<p>15 FOOTCARE</p> <p>9:30 Mahjongg 12:00 Lunch Club 12:45 Bingo 1:00 Ball Class 1:30 Zentangle 2:30 Stretch & Strengthen</p> <p>BBQ Pulled Pork over Baked Potato</p>	<p>16</p> <p>11:30 St. PATRICK'S DAY 2:00 Table Tennis</p> 
<p>19 FOOTCARE</p> <p>10:00 Silver Chords-Out 12:00 Lunch Club 12:45 Bingo</p> <p>Broccoli & Cheese Topped Baked Potato</p>	<p>20</p> <p>9:00 AARP 12:30 Bridge 1:00 Stretch & Strengthen 2:00 Table Tennis</p>	<p>21</p> <p>9:00 Chili Carvers 12:00 Euchre 1:00 Canasta 1:00 Chain Gang</p> 	<p>22</p> <p>9:30 Mahjongg 12:00 Lunch Club 12:45 Bingo 1:00 Ball Class 2:30 Stretch & Strengthen</p> <p>Swedish Meatballs over Brown Rice</p>	<p>23</p> <p>9:00 AARP 1:00 MOVIE - "GOODBYE CHRISTOPHER ROBIN" 2:00 Table Tennis</p>
<p>26</p> <p>10:00 Silver Chords-In 12:00 Lunch Club 12:45 Binao</p>  <p>Goulash with Ground Beef</p>	<p>27</p> <p>12:30 Bridge 1:00 Stretch & Strengthen 2:00 Table Tennis</p>	<p>28</p> <p>8:30 BROADWAY MARKET TRIP 9:00 Chili Carvers 12:00 Euchre 1:00 Canasta 1:00 Chain Gang</p>	<p>29 FOOTCARE</p> <p>9:30 Mahjongg 12:00 Lunch Club 12:45 Bingo 1:00 Ball Class 2:30 Stretch & Strengthen</p> <p>EASTER MEAL Baked Ham with Pineapple Sauce</p>	<p>30</p> <p>CLOSED</p> <p>GOOD FRIDAY</p> 

April 2018

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2 10:30 <u>PET THERAPY</u> 12:00 Lunch Club 12:45 Bingo</p>  <p><u>Chicken ala King over Biscuit</u></p>	<p>3 11:00 <u>MUSIC MAKERS CONCERT</u> 12:30 Bridge 1:00 Stretch & Strengthen 2:00 Table Tennis</p> 	<p>4 9:00 Chili Carvers 10:15 <u>MYSTERY LUNCH TRIP</u> 12:00 Euchre 1:00 Canasta 1:00 Chain Gang</p>	<p>5 FOOTCARE 9:30 Mahjongg 10:30 <u>BLOOD PRESSURE</u> 11:30 <u>BIRTHDAYS</u> 12:00 Lunch Club 12:45 Bingo 1:00 Ball Class 1:30 Zentangle 2:30 Stretch & Strengthen</p> <p><u>Braised Pork Chop with Gravy</u></p>	<p>6 10:30 <u>ST. PIUS</u> 1:00 <u>TOP BRASS CONCERT</u> 2:00 Table Tennis</p> 
<p>9 FOOTCARE 10:00 Silver Chords-In 10:00 <u>ELDERSOURCE</u> 12:00 Lunch Club 12:45 Bingo</p> <p><u>Breaded Haddock with Tartar Sauce</u></p>	<p>10 12:30 Bridge 1:00 Stretch & Strengthen 2:00 Table Tennis</p>	<p>11 9:00 Chili Carvers 10:00 <u>EXCELLUS</u> 12:00 Euchre 1:00 <u>BLOOD PRESSURE</u> 1:00 Canasta 1:00 Chain Gang</p>	<p>12 9:30 Mahjongg 11:00 <u>JIM GRAY</u> 12:00 Lunch Club 12:45 Bingo 1:00 Ball Class 2:30 Stretch & Strengthen</p> <p><u>Sloppy Joes on Bun</u></p>	<p>13 11:30 <u>FRIDAY THE 13TH LUNCHEON</u> 2:00 Table Tennis</p> 
<p>16 FOOTCARE 10:00 Silver Chords-Out 12:00 Lunch Club 12:45 Bingo</p> <p><u>Country Captain. Chicken over Brown Rice</u></p>	<p>17 9:00 <u>SPRAGUES & ELDRED TRIP</u> 9:00 <u>AARP</u> 12:30 Bridge 1:00 Stretch & Strengthen 2:00 Table Tennis</p>	<p>18 9:00 Chili Carvers 12:00 Euchre 1:00 Canasta 1:00 Chain Gang</p>	<p>19 9:30 Mahjongg 12:00 Lunch Club 12:45 Bingo 1:00 Ball Class 1:30 Zentangle 2:30 Stretch & Strengthen</p> <p><u>Broccoli & Cheese Topped Baked Potato</u></p>	<p>20 9:00 <u>AARP</u> 12:00 <u>HIGH FIVE FUN</u></p> <p>22 1:00 <u>WIZARD OF OZ - RIT</u></p> 
<p>23 FOOTCARE 10:00 Silver Chords-Out 12:00 Lunch Club 12:45 Bingo</p>  <p><u>Goulash w/Ground Beef</u></p>	<p>24 12:30 Bridge 1:00 Stretch & Strengthen 2:00 Table Tennis</p>	<p>25 9:00 <u>HIKING</u> 9:00 Chili Carvers 10:00 <u>INTRO TO OILS</u> 12:00 Euchre 1:00 Canasta 1:00 Chain Gang</p> 	<p>26 FOOTCARE 9:30 Mahjongg 12:00 Lunch Club 12:45 Bingo 1:00 Ball Class 2:30 Stretch & Strengthen</p> <p><u>Mild Chili</u></p>	<p>27 9:00 Table Tennis* *THIS WEEK ONLY 1:00 <u>JOSIE WAVERLY CONCERT</u></p> 
<p>30 10:00 Silver Chords 12:00 Lunch Club 12:45 Bingo</p> <p><u>Chicken Breast Sandwich on Bun</u></p>			<p>No person shall be denied benefits or subjected to discrimination under any program or activity receiving Federal Assistance on grounds of race, color, sex, religion, national origin, disability, or marital status. This program is funded by participants' contributions, U.S. Administration on Aging, N.Y. State Office for the Aging, N.Y. State Department of Health, Monroe County Dept. of HS/Office for the Aging.</p>	