



3235 Chili Avenue  
Rochester NY  
14624  
(585)889-6185

Monday—Friday 9:00 am—4:00 pm

# June & July 2019

Mary Anne Sears - Director Programs for the Aging  
Michael Ferugia, Pam Holihan, Gwen Machulskis - Clerks

**MISSION STATEMENT** - The Chili Senior Center supports adults in their effort to remain healthy, active, & independent members of the community by providing socially, intellectually, & physically enriching activities for senior adults age 55 & over. The Chili Senior Center also serves the senior community by acting as a resource for senior related issues.

**PROGRAM SIGN UP** A SINGLE EVENT SHEET MUST BE FILLED OUT FOR EACH PERSON, FOR EACH PROGRAM THEY SIGN UP FOR. THERE MAY BE A WAITING PERIOD IF YOU ARE NOT A CHILI RESIDENT. SOME ACTIVITIES MUST BE PAID FOR IN CASH.

**PLEASE BRING EXACT CHANGE AS THERE WILL NOT BE ANY CHANGE AVAILABLE.**

**“Granny’s Attic” SALE CHIL-E FEST - Thurs. July 4th 1-4:00 pm**

Clean out your house & shop to find some treasures! Help raise funds for Chili Senior Center programs. Glassware, dishes, silverware, pots & pans, small appliances (CLEAN & IN WORKING ORDER!), craft items, collectibles, holiday items, vases, candles, lamps, wicker, baskets, games, plastics.

**BRING IN ITEMS from Monday, June 3rd - June 24th.**

**NO TVs, COMPUTERS, CLOTHES or BOWLING BALLS! NO JUNK!**

**“For Singing’s Sake” Concert** - This is a female vocal ensemble that loves to sing! If you have never heard them before, they are awesome. They are happy, upbeat, & leave you wanting more music.

**Monday, June 3rd @ 6:00 pm.**

**Cost: FREE!** Please sign up at the desk in advance.



**“Music with Ethel”** - Keyboard, vocals, & smiles! This woman is awesome. We are so glad she found us! Start with a superb tasty treat, then enjoy some uplifting music.

**Friday, June 14th @ 12:00 pm.**

**Cost: FREE!** Please sign up at the desk in advance.



**“Take Note” Music Group** - A great way to spend your morning! Start your day with some hot or iced coffee or tea & some Danish. Then sit back to enjoy music from the big band era & the Great American song books.

**Friday, July 26th @ 11:00 am.**

**Cost: \$2/person.** Please sign up & pay in advance.

**Burger Bash** - Move over hot dogs...we are having a burger bash here at the center. Join us for some tasty grilled hamburgers served with chips & beverage.

**Wednesday, June 26th @ 12:00 pm**

**Cost: \$3/person.** Please sign up & pay in advance.

**CSC Summer Picnic!** - Enjoy a wonderful picnic, prepared by Gwen & Michael. Menu has not yet been decided, but you can be sure it will be a great meal.

**Friday, June 28th @ 11:30 am. Limited sign up.**

**Cost: \$5/person.** Please sign up & pay in advance.

**Summer Hot Dog Bar!** - We will be grilling up red hots (no white) for your eating pleasure. Add “toppings” to make it taste even better. Plus enjoy some dessert, & beverage.

**Friday, July 19th @ 12:00 pm. Limited sign up.**

**Cost: \$3/person.** Please sign up & pay in advance.



**SUMMER CONCERTS SERIES 2019!**

INSIDE THE CHILI SENIOR CENTER

Doors open at 5:30 pm Concerts start at 6:30 pm

Refreshments for sale.

Donation of \$1/person requested!



**Tuesday, July 9th - “8-Days-A-Week”**

**Tuesday, July 16th - “Jon Seiger and the All Stars”**

**Tuesday, July 23rd - “The Ghost Riders”**

**Tuesday, July 30th - “Don Newcomb Band”**

**Tuesday, August 6th - “Ron & Nancy OneSong”**

**Tuesday, August 13th - “Keith Baker”**

**Tuesday, August 20th - “American Jukebox”**

FOR INFORMATION CONTACT THE CHILI SENIOR CENTER - 889-6185.

**“Whit’s fur ye’ll no go past ye.”**

**Sponsored by AAA Travel**

Join us on a fabulous trip to Scotland! Spring 2020. Experience bagpipe lessons, Isle of Skye, castles, Loch Ness, Orkney Islands, sheepdog demonstration, St. Andrews, Scottish cooking experience, & so much more.

**LIMITED SPACE AVAILABLE.**



**UPCOMING TRIPS**

More information on trips at the Center.



**Hee Haw Dinner Show** - Includes admission to Cortland Country music Park, roast beef dinner, & show.

**Thursday, July 11th. Cost: \$85/person. VERY LIMITED SIGN UP.**

**Depart ~8:00 am. Return ~8:00 pm**

**Niagara Falls, Maid of the Mist NEW DATE!!!** - Includes Maid of the Mist tour, buffet lunch at the Como Restaurant, & drive through Niagara Falls, USA.

**Wednesday, Aug. 7th. Cost: \$89/person.**

**Depart @ 8:30 am. Return around 4:00 pm.**

**Buffalo’s Millionaire Row & Darwin Martin House** - Includes guided tour of Buffalo, lunch at Chef’s, & tour of Darwin Martin House.

**Wednesday, Aug. 21st. Cost: \$120/person.**

**Depart @ 8:30 am. Return around 6:00 pm.**

**Underground Railroad Tour** - includes Guided Underground Railroad tour (Murphy’s Orchard & Underground Railroad Heritage Center), Lunch at Webster’s Bistro, Platter’s Chocolates Tour & shopping.

**Tuesday, Oct. 1st. Cost: \$118/person.**

**Sign up starts in August.**



**Reminder: ALL food brought to the Center must be store bought, in original container.**

FOR SOME SCHEDULED PROGRAMS, CHILI RESIDENTS WILL BE GIVEN PREFERENCE. AS SPACE ALLOWS, THESE ACTIVITIES WILL BE OPEN TO NON-RESIDENTS. BASED ON THE NATURE AND EXTENT OF SOME OF OUR PROGRAMS, THERE IS A POSSIBILITY THAT WE MAY ASK YOU TO RECONSIDER THE TRIP, DUE TO EXTENSIVE WALKING, ENDURANCE, OR OTHER FACTORS. THANK YOU FOR YOUR UNDERSTANDING.  
TRIP INFO: FOR SAFETY REASONS, SENIORS ARE NOT ALLOWED TO GET ON OR OFF ANY TOWN VEHICLE WITHOUT STAFF/DRIVER ASSISTANCE.

**Eldersource** - An Eldercare advisor will be at the Center to provide guidance in eldercare situations. No appointment is necessary. First come, first served.  
Mondays, June 10th & July 8th from 10:00 am to Noon.

**Excellus Health Care** - Do you have questions concerning your health care & insurance coverage? Stop in and talk to a representative on an individual basis.  
Wednesdays, June 12th & July 17th from 10:00 am to Noon.

**Stretch & Strengthen** - Join us for some exercise fun to keep us strong, flexible, & improve coordination.  
Tuesdays from 1:00 to 2:00 pm.  
Thursdays from 2:30 to 3:30 pm.  
Cost: FREE!



**Have a Ball Fitness Class: Toning Exercises with a Ball** - Tone up from head to toe with these moves using an exercise ball to target your abs, arms, butt, & thighs, and improve your balance. Come try it out!  
Thursdays @ 1:00 pm.  
Cost: FREE!

**Complimentary Community Blood Pressure Checks**  
Stop in to have one of the professional & caring providers from the CHS Mobile Integrated Healthcare check your blood pressure.  
The second Wednesday of each month from 1:00 pm to 2:30 pm.



Blood Pressure checks also on the first Thursday of the month from 10:30 am to 12:00 pm.

**Summer Line Dancing @ Chili Senior Center**  
Tuesdays from 9:30-11:00 am.  
May 28th, June 4th, 11th, 25th.  
July 2nd, 9th, 23rd, 30th, August 6th, 13th, 20th, 27th.  
No Classes on June 18th, July 16th.  
Cost: \$2/person/week.  
Please pay and sign in at the desk each week.

**Monroe County Job Fair** - SENIOR JOB FAIR: The Monroe County Office for the Aging, in partnership with Monroe County's Workforce Development Manager, and a few of our area partners. Employers will be on-site with various part-time & full-time job opportunities tailored to meet the changing needs of older adult workers, including positions for people with limitations.  
Wednesday, June 19th from 11:00 am - 1:00 pm at the Chili Senior Center. For more information, please call 753-6280.



**FOOD FOR SENIOR ASSISTANCE**  
SWEM - 585-235-4491  
Pearce Food Cupboard - 585-594-9488  
Grace Covenant Food Pantry - 585-889-2130



**ABVI Goodwill Tour** - Curious about where our Lunch Club 60 food comes from? See how many meals they produce! Enjoy lunch in the cafeteria! CASH ONLY! **Limited sign up.**  
Tuesday June 4th @ 9:30 am. Return~1:00 pm.  
Cost: \$3.50/person, includes bus & lunch!  
Please sign up & pay in advance.

**Kindness Rocks!** - We had such fun we are doing it again. This is a fun way to spread kindness with unsuspecting recipients by sharing these rocks with our community & beyond. Come join us for a great time of rock painting & learn how to hide your rocks to brighten someone's day.  
Friday, June 14th from 9:30-11:30 am.  
Cost: FREE!!!! Please sign up at the desk in advance.  
Feel free to bring some rocks if you want. We will have some here!

**"Fairhaven,"** a book written by Geoffrey Clough, a local writer and musician. - You are going to thoroughly enjoy this story of Fairhaven, a sturdy little ship making his way across the Sea of Life. He's pursued by enemies, tossed about by severe storms, & intrigued by unusual creatures who become his staunch friends. It has universal appeal of the likable underdog triumphing over long odds & gaining friends who become family during the trip of life. **Books will be available for sale.**  
Tuesday, June 18th @ 2:15 pm.  
Cost: FREE! Please sign up at the desk in advance.

**Windmill Farm Market** - The Windmill serves as an outlet for roughly 100 local producers and craftsmen. It is located right in the heart of the Finger Lakes Region. We will stop at Oak Hill Bulk Foods on the way home. We will bring coolers.  
Saturday, June 22nd. Depart @ 7:15 am. Return about 4:00 pm.  
Cost: \$10/Chili Residents.  
\$12/Non-residents. Non-residents can sign up June 3rd.  
Please sign up & pay in advance. Limited sign up.

**AARP SMART DRIVER - UPCOMING CLASSES**  
Tuesdays & Fridays 9:00 am - Noon  
June 18th & 21st, July 16th & 19th  
No August Classes  
\$20/AARP MEMBER, \$25/OTHERS  
PLEASE SIGN UP IN ADVANCE. CHILI RESIDENTS HAVE PRIORITY!



Check us out on Facebook.  
"Chili Senior Center."  
Let us know what you would like to see!





**WE ARE ON THE WEB!**  
"www.townofchili.org"  
"Thrive Here"  
"Senior Citizen Programs"

**Soldiers Wish List** We have a list of suggested items at the Center. Purchase any items & bring them back to the Center. We collect items year round & boxes are shipped each month to our overseas men & women. Monetary donations to cover & defray shipping cost are welcomed.



# June 2019

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>3</b> 10:00 Silver Chords-Out 11:30 <b><u>NUTRITION ED</u></b> 12:00 Lunch Club 12:45 Bingo</p> <p>6:00 "<b><u>FOR SINGING'S SAKE</u></b>" <b><u>CONCERT</u></b></p> <p><b><u>Swedish Meatballs</u></b></p>	<p><b>4</b> 9:30 <b><u>LINE DANCING</u></b> 9:30 <b><u>ABVI TOUR</u></b> 12:30 Bridge 1:00 Stretch &amp; Strengthen</p>	<p><b>5</b> 9:00 Chili Carvers 12:00 Euchre 12:00 <b><u>HOT DOG WEDNESDAY</u></b> 1:00 Canasta 1:00 Chain Gang</p>	<p><b>6 FOOTCARE</b> 9:30 Mahjongg 10:30 <b><u>BLOOD PRESSURE</u></b> 11:30 <b><u>BIRTHDAYS</u></b> 12:00 Lunch Club 12:45 Bingo 1:00 Ball Class 2:30 Stretch &amp; Strengthen</p> <p><b><u>Fajita Chicken w/Rice</u></b></p>	<p><b>7</b> 10:30 <b><u>ST. PIUS</u></b> 1:00 <b><u>TEXAS HOLD'EM</u></b> 2:00 Table Tennis</p>
<p><b>10 FOOTCARE</b> 10:00 Silver Chords-Out 10:00 <b><u>ELDERSOURCE</u></b> 12:00 Lunch Club 12:45 Bingo</p> <p><b><u>Black Bean Lentil Chili w/Sour Cream</u></b></p>	<p><b>11</b> 9:30 <b><u>LINE DANCING</u></b> 12:30 Bridge 1:00 Stretch &amp; Strengthen</p>	<p><b>12</b> 9:00 Chili Carvers 10:00 <b><u>EXCELLUS</u></b> 12:00 Euchre 1:00 <b><u>BLOOD PRESSURE</u></b> 1:00 Canasta 1:00 Chain Gang</p>	<p><b>13</b> 9:30 Mahjongg 12:00 Lunch Club 12:45 Bingo 1:00 Ball Class 2:00 <b><u>COLORED PENCIL CLASS</u></b> 2:30 Stretch &amp; Strengthen <b><u>HAPPY FATHER'S DAY Braised Pork Chop w/Gravy</u></b></p>	<p><b>14</b> 9:30 <b><u>KINDNESS ROCKS</u></b> 12:00 <b><u>MUSIC WITH ETHEL</u></b> 2:30 Table Tennis</p>
<p><b>17</b> 10:00 Silver Chords-Out 12:00 Lunch Club 12:45 Bingo</p> <p><b><u>Country Captain Fish</u></b></p>	<p><b>18</b> 9:00 <b><u>AARP</u></b> 9:30 "<b><u>DON'T BLAME THE CHEF</u></b>" <b><u>TRIP</u></b> 12:30 Bridge 1:00 Stretch &amp; Strengthen 2:15 "<b><u>FAIRHAVEN</u></b>" <b><u>BOOK TALK</u></b></p>	<p><b>19</b> 9:00 Chili Carvers 10:45 <b><u>CHINA BUFFET</u></b> 11:00 <b><u>MONROE COUNTY JOB FAIR</u></b>  12:00 Euchre 1:00 Canasta 1:00 Chain Gang</p>	<p><b>20</b> 8:30 <b><u>PUBLIC MARKET</u></b> 9:30 Mahjongg 12:00 Lunch Club 12:45 Bingo 1:00 Ball Class 2:30 Stretch &amp; Strengthen</p> <p><b><u>Pub Burger on Bun</u></b></p>	<p><b>21</b> 9:00 <b><u>AARP</u></b> 1:00 <b><u>TEXAS HOLD'EM</u></b> 2:00 Table Tennis</p> <hr/> <p><b>22</b> 7:15 <b><u>WINDMILL</u></b></p>
<p><b>24 FOOTCARE</b> 10:00 Silver Chords-Out 12:00 Lunch Club 12:45 Bingo</p> <p><b><u>Chicken Stuffed w/Broccoli &amp; Cheese</u></b></p>	<p><b>25</b> 9:30 <b><u>LINE DANCING</u></b> 12:30 Bridge 1:00 Stretch &amp; Strengthen</p>	<p><b>26</b> 9:00 Chili Carvers 12:00 <b><u>BURGER BASH</u></b> 12:00 Euchre 1:00 Canasta 1:00 Chain Gang</p>	<p><b>27</b> 9:30 Mahjongg 12:00 Lunch Club 12:45 Bingo 1:00 Ball Class 2:00 <b><u>COLORED PENCIL CLASS</u></b> 2:30 Stretch &amp; Strengthen</p> <p><b><u>Breaded Haddock w/Tartar Sauce</u></b></p>	<p><b>28</b> 11:30 <b><u>CSC SUMMER PICNIC</u></b> 2:00 Table Tennis</p>
<div style="border: 2px solid black; padding: 10px;"> <p><b>LUNCH CLUB 60 SUGGESTED CONTRIBUTION IS \$3.50/PERSON</b></p> <p>PLEASE BE SURE YOU SIGN UP FOR LUNCHESES AT LEAST TWO WEEKS IN ADVANCE</p>  </div>		<div style="border: 2px solid black; padding: 10px;"> <p>No person shall be denied benefits or subjected to discrimination under any program or activity receiving Federal Assistance on grounds of race, color, sex, religion, national origin, disability, or marital status. This program is funded by participants' contributions, U.S. Administration on Aging, N.Y. State Office for the Aging, N.Y. State Department of Health, Monroe County Dept. of HS/Office for the Aging.</p> </div>		

# July 2019

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b> 12:00 Lunch Club 12:45 Bingo  <b><u>Stuffed Pepper w/Sauce</u></b>	<b>2</b> 9:30 <b><u>LINE DANCING</u></b> 12:30 Bridge 1:00 Stretch & Strengthen	<b>3</b> 9:00 Chili Carvers 12:00 Euchre 1:00 Canasta 1:00 Chain Gang	<b>4</b> <b><u>Closed for Regular Activities</u></b>  <b><u>CHILI-E FEST</u></b>  <div style="border: 1px dashed black; padding: 5px; text-align: center;"> <b><u>GRANNY'S ATTIC SALE</u></b>   <b><u>1:00-4:00 PM</u></b> </div>	<b>5</b> 2:00 Table Tennis
<b>8</b> 10:00 <b><u>ELDERSOURCE</u></b> 12:00 Lunch Club 12:45 Bingo  <b><u>Breaded Haddock w/Tartar Sauce</u></b>	<b>9</b> 9:30 <b><u>LINE DANCING</u></b> 11:30 Bridge 12:00 <b><u>SUMMER SALAD SAMPLER</u></b> 1:00 Stretch & Strengthen  6:30 <b><u>"EIGHT-DAYS-A-WEEK"</u></b>	<b>10</b> 9:00 Chili Carvers 12:00 Euchre 1:00 <b><u>BLOOD PRESSURE</u></b> 1:00 Canasta 1:00 Chain Gang	<b>11</b> 8:30 <b><u>HEE HAW TRIP</u></b> 9:30 Mahjonn 10:30 <b><u>BLOOD PRESSURE</u></b> 11:30 <b><u>BIRTHDAYS</u></b> 12:00 Lunch Club 12:45 Bingo 1:00 Ball Class 2:00 <b><u>COLORED PENCIL CLASS</u></b> 2:30 Stretch & Strengthen <b><u>Macaroni &amp; Cheese</u></b>	<b>12</b> 10:30 <b><u>ST. PIUS</u></b> 1:00 <b><u>TEXAS HOLD'EM</u></b> 1:00 <b><u>MOVIE</u></b> 2:00 Table Tennis
<b>15</b> 12:00 Lunch Club 12:45 Bingo  <b><u>Veggie Meatball Sub Sandwich</u></b>	<b>16</b> 9:00 <b><u>AARP</u></b> 10:00 <b><u>"SOME-MORE ADVENTURES"</u></b> 11:30 Bridge 1:00 Stretch & Strengthen  6:30 <b><u>"JON SEIGER &amp; THE ALL-STARS"</u></b>	<b>17</b> 9:00 Chili Carvers 10:00 <b><u>EXCELLUS</u></b> 12:00 Euchre 1:00 Canasta 1:00 Chain Gang	<b>18</b> 9:30 Mahjonn 12:00 Lunch Club 12:45 Bingo 1:00 Ball Class 2:00 <b><u>COLORED PENCIL CLASS</u></b> 2:30 Stretch & Strengthen  <b><u>Braised Pork Chop w/Gravy</u></b>	<b>19</b> 9:00 <b><u>AARP</u></b> 12:00 <b><u>HOT DOG BAR</u></b> 2:00 Table Tennis
<b>22</b> 12:00 Lunch Club 12:45 Bingo  <b><u>Chicken Cordon Bleu</u></b>	<b>23</b> 9:30 <b><u>LINE DANCING</u></b> 11:30 Bridge 1:00 Stretch & Strengthen  6:30 <b><u>"GHOST RIDERS"</u></b>	<b>24</b> 9:00 Chili Carvers 12:00 Euchre 1:00 Canasta 1:00 Chain Gang	<b>25</b> 8:30 <b><u>PUBLIC MARKET</u></b> 9:30 Mahjonn 12:00 Lunch Club 12:45 Bingo 1:00 Ball Class 2:30 Stretch & Strengthen  <b><u>Pub Burger</u></b>	<b>26</b> 11:00 <b><u>"TAKE NOTE" MUSIC</u></b> 1:00 <b><u>TEXAS HOLD'EM</u></b> 2:00 Table Tennis
<b>29</b> 12:00 Lunch Club 12:45 Bingo  <b><u>Sweet &amp; Sour Meatballs over Brown Rice</u></b>	<b>30</b> 9:30 <b><u>LINE DANCING</u></b> 11:30 Bridge 1:00 Stretch & Strengthen  6:30 <b><u>"DON NEWCOMB BAND"</u></b>	<b>31</b> 9:00 Chili Carvers 9:30 <b><u>"NO BAGS NEEDED" TOUR</u></b> 12:00 Euchre 1:00 Canasta 1:00 Chain Gang		