

Monday	Tuesday	Wednesday	Thursday	Friday
EVENTS, MENUS & TIMES ARE SUBJECT TO CHANGE		1 8:45 Morning Meditation 215 9:00 Chili Woodcarvers 211 9:30 Tai Chi 213 10:30 Drums Alive 214 11:30 The Michael & Katie Show 118 12:30 Chain Gang SL 2:00 Zumba Gold 210	2 9:30 Fitness & Strength 214 10:30 Tap Dancing 210 11:30 Jazz Dancing 210 12:45 Bingo 118 12:45 Have a Ball 213 2:00 Stretch & Strengthen 213	3 8:45 Morning Meditation 215 9:30 Gentle Flow Chair Stretch 213 1:00 Foodlink 118 5:00 Town of Chili Parade of Lights & Tree Lighting
6 8:30 Sherriff Gift Wrap 9:30 Tai Chi 213 10:00 Art Time SL 12:00 Gentle Vinyasa Flow Yoga 213 2:00 Power & Energy with Katie 213	7 9:30 Fitness & Strength 214 10:00 Line Dancing 118 11:00 Meet & Greet Scam Guys SL 12:00 Lunch on Legacy SL 12:30 Lifespan Aging Mastery 211 2:00 Stretch & Strengthen 118 3:00 Agape PT Talk SL 3:00 Open Billiards SL 6:00 Genetics & Cancer Risk Assessment 118	8 8:45 Morning Meditation 215 9:00 Chili Woodcarvers 211 9:30 Tai Chi 213 10:30 Drums Alive 214 11:00 Blood Pressures with Deb SL 11:30 Plant Based Cooking with Barb 118 12:30 Chain Gang SL 1:00 Alzheimer's Association Open Hours SL 2:00 Zumba Gold 210	9 9:30 Fitness & Strength 214 10:30 Tap Dancing 210 11:00 Lifespan's - Name That Scam SL 11:30 Jazz Dancing 210 12:30 Snowman on a Stick Craft SL 12:45 Bingo 118 12:45 Have a Ball 213 2:00 Stretch & Strengthen 213	10 8:45 Morning Meditation 215 9:30 Gentle Flow Chair Stretch 213 10:30 Let's Talk Pickle Ball SL 2:00 Power & Energy with Katie 213
13 8:45 Morning Meditation 215 10:00 Art Time SL 10:30 Beaded Snowflake Craft SL 12:00 Holiday Tree Craft SL 12:00 Gentle Vinyasa Flow Yoga 213 2:00 Power & Energy with Katie 213	14 9:30 Fitness & Strength 214 10:00 Line Dancing 118 10:30 Zentangle 211 1:00 Parkinson's Support Group 212 2:00 VA Table Lobby 3:00 Holiday Happy Hour 118 3:00 Open Billiards SL	15 8:45 Morning Meditation 215 9:00 Chili Woodcarvers 211 10:30 Drums Alive 214 12:30 Chain Gang SL 2:00 Zumba Gold 210 6:30 Plant Based Cooking with Barb 118	16 9:30 Fitness & Strength 214 10:30 Tap Dancing 210 11:00 Art with Linda SL 11:30 Jazz Dancing 210 12:00 Lifespan's Cookies, Cocoa & Holiday Trivia SL 12:45 Bingo 118 12:45 Have a Ball 213 2:00 Stretch & Strengthen 213 7:30 Gates Chili Community Band Concert 118	17 8:45 Morning Meditation 215 9:30 Gentle Flow Chair Stretch 213 11:00 Cookies & Cocoa with the Deputies SL 1:00 Foodlink 118 2:00 Power & Energy with Katie 213
20 8:45 Morning Meditation 215 10:00 Art Time SL 10:00 Eldersource SL 11:00 Alzheimer's Association Holiday Wreath Making SL 12:00 Gentle Vinyasa Flow Yoga 213 2:00 Power & Energy with Katie 213	21 9:30 Fitness & Strength 214 11:00 Alzheimer's Association Memory Box Making SL 1:00 Positivity Matters 213 2:00 Stretch & Strengthen 118 3:00 Open Billiards SL	22 8:45 Morning Meditation 215 9:00 Chili Woodcarvers 211 10:30 Drums Alive 214 11:30 Plant Based Cooking with Barb 118 12:30 Chain Gang SL 2:00 Zumba Gold 210 6:00 Alzheimer's Association Kim Best, Music of Life, Music Therapy Session SL	23 9:30 Fitness & Strength 214 10:30 Tap Dancing 210 11:30 Jazz Dancing 210	MERRY CHRISTMAS EVE
27 8:45 Morning Meditation 215 10:00 Art Time SL 2:00 Power & Energy with Katie 213	28 12:30 Tuesday Treasures 118 2:00 Stretch & Strengthen 118 3:00 Open Billiards SL 6:30 NAMI Family Support 211	29 8:45 Morning Meditation 215 9:00 Chili Woodcarvers 211 10:30 Drums Alive 214 12:30 Chain Gang SL 2:00 Zumba Gold 210	30 12:45 Bingo 118 12:45 Have a Ball 213 2:00 Stretch & Strengthen 213	HAPPY NEW YEAR'S EVE

To register for a class/activity, please sign up at the Chili Community Center front desk or online at townofchili.org, select "Recreation and Senior Center", select "Online Catalog & Registration". **Be Well & Stay Active.**

Program List

- Alzheimer's Association Holiday Wreath Making** - Mon., Dec. 20th @ 11:00 am, Cost: FREE!, Registration required.
- Alzheimer's Association Kim Best Music of Life Music Therapy Session** - Wed., Dec. 22nd @ 6:00 pm, Cost: FREE!, Registration required.
- Alzheimer's Association Memory Box Making** - Tues., Dec. 21st @ 11:00 am, Cost: FREE!, Registration required.
- Alzheimer's Association Open Office Hours** - 2nd Wed. of the month @ 1:00 - 3:00 pm, No registration required.
- Beaded Snowflakes Ornaments** - Monday, Dec. 13th @ 10:30 am, Cost: \$10 cash to instructor, Registration required.
- Beginner Jazz Dancing** - Thurs. Oct. 28th - Dec. 23rd @ 11:30 am, Cost: FREE!, Registration required.
- Beginner Tap Dancing** - Thurs., Oct. 28th - Dec. 23rd @ 10:30 am, Cost: FREE!, Registration required.
- Blood Pressure with Deb** - Wed., Dec. 8th @ 11:00 am - 1:00 pm, Cost: FREE!, No registration required.
- Chain Gang** - Wed., @ 12:30 pm, Cost: FREE!, No registration required.
- Chili Woodcarvers** - Wed., @ 9:00 am, Cost: FREE!, No registration required.
- Cookie & Cocoa with the Deputies** - Fri., Dec. 17th @ 11:00 am, Cost: FREE!, Registration required.
- Drums Alive Golden Beats** - Wed., Nov. 24th - Jan. 12th @ 10:30 am, Cost: \$25/8 weeks, Registration required.*
- Eldersource** - 3rd Monday of the month @ 10:00 am to 12:00 pm, No registration required.
- Fitness & Strength** - Tues./Thurs. @ 9:30 am, Nov. 30th-Dec. 23rd, Cost: 30/4 weeks, Registration required.*
- Foodlink - Just say yes to fruits & veggies** - Fri., Dec. 3rd & 17th @ 1:00 pm, Cost: FREE! Registration required.
- Gates Chili Community Band Concert** - Thurs, Dec. 16th @ 7:30 - 8:30 pm, Cost: FREE!, Registration required.
- Gentle Flow Chair Stretch** - Fri., @ 9:30 am, Cost: FREE!, Registration required.
- Genetic & Cancer Risk Assessment** - Tues., Dec. 7th @ 6:00 pm. Cost: FREE!, Registration required.
- Gentle Vinyasa Flow Yoga** - Mon. @ 12:00 pm, Nov. 1st - Dec. 20th, Cost: \$30/8 weeks, Registration required.*
- "Have a Ball" Fitness Class** - Thurs. @ 12:45 pm, Cost: FREE!, Registration required.
- Holiday Happy Hour** - Tues, Dec. 14th @ 3:00 pm, Cost: \$5, Registration required.
- Holiday Tree with Pam Q** - Mon., Dec. 13th @ 12:00 pm, Cost: \$5, Registration required.
- Let's Talk Pickle Ball** - Fri., Dec. 10th @ 10:30 am, Cost: FREE!, Registration required.
- Lifespan's Holly Jolly Cookies, Cocoa & Holiday Trivia** - Thursday, Dec. 16th @ 12:00 pm. Cost: \$2, Registration required.
- Lifespan's - Name that Scam Holiday Version** - Dec. 9th @ 11:00 am, Cost: FREE!, Registration required.
- Line Dancing** - Tues., Nov. 2nd - Dec. 14th @ 10:00 am, Cost: \$30/6 week session, Registration required.*
- Maintaining a Strong & Healthy Body w/Agape PT** - Tues., Dec. 7th @ 3:00 pm, Cost: FREE!, Registration required.
- Meet & Greet with the Scam Guys** - Tues., Dec. 7th @ 11:00 am, Cost: FREE!, Registration required.
- Morning Meditation** - Mon., Wed., & Fri. @ 8:45 am, Cost: FREE!, Registration required.
- NAMI Family Support** - 4th Tues. @ 6:30 pm, Cost: FREE!, No registration required.
- Parkinson's Disease Support Group** - 2nd Tues. of the month, 1:00 - 2:00 pm, Cost FREE!, No registration required.
- Plant based cooking** - Wed., Dec. 8th & 22nd @ 11:30 am, Dec. 15th @ 6:30 pm, Cost: \$2/class, Registration required.
- Positivity Matters** - Tues., Dec. 21st @ 1:00 pm, Cost: FREE!, Registration required.
- Power & Energy with Katie** - Mon. & Fri. @ 2:00 pm, Cost: FREE! Registration required.
- Snowman on a Stick** - Thurs., Dec. 9th @ 12:30 pm, Cost: \$3, Registration required.
- Stretch & Strengthen (Agape)** - Tues. & Thurs. @ 2:00 pm, Cost: FREE!, Registration required.
- The Michael & Katie Show** - Wed., Dec. 1st @ 11:30 am, Cost: \$2, Registration required.
- Town of Chili Parade of Lights & Christmas Tree Lighting** - Fri., Dec. 3rd @ 5:00 pm, Cost: FREE!
- Tuesday Treasures** - Last Tues. of the month, 12:30 - 2:00 pm, Cost: FREE!, No registration required.
- VA Table** - Tues. Dec. 14th @ 2:00 pm, Cost: FREE!, No registration required,
- Zentangle** - 2nd Tues. @ 10:30 am, Cost: FREE!, Registration required.
- Zumba Gold** - Wed., Nov. 10th - Dec. 29th @ 2:00 pm, Cost: \$25/8 weeks, Registration required.*

* \$5 NON-RESIDENT FEE ADDED TO PROGRAM COST IF APPLICABLE.