

ONGOING WEEKLY PROGRAMS— IN SENIOR LOUNGE UNLESS OTHERWISE NOTED

Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
9-11 55+ YARD GAMES (GYM) 10-1 Art Time 11-12 Grab & Go Lunch (pick up) 11:30-1 Rummikub 1-3 Hearts Rule 1-3 Dominoes	9-11 55+ Basketball 10-12 Chess Club 1-4 Texas Hold 'Em 2-3 Stretch & Strengthen (Room 118) 2-4 Puzzle Club 3-4 Open Billiards	8:45-9:15 Meditation (Room 215) 9-11 Woodcarvers (Room 211) 9-11 55+ Corn Hole Instruction & Play 10:30-3 Euchre 12:30-3:30 Chain Gang	9:00-11:30 Mahjonn 9:00-11 55+ Senior Volleyball (Gym) 10-11 Stretch & Strength (Room 118) 11:30-12:30 Connection Café (Room 118) 1-2 Have a Ball Fitness (Room 214) 1-3 Bingo (Room 118)	9:00-11 55+ Beginner Pickle Ball (gym) 1-3 Canasta 1-4 Various Poker Games 2-4 Puzzle Club 2-3 Power & Energy (Room 213) 2:45-5:45 55+ Table Tennis (Gym)

Monday	Tuesday	Wednesday	Thursday	Friday
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3 *No Senior Yard Games in Gym today* 10:30-11:30 "Musical Moments" Singing Practice 11:30-1 (New!) Rummikub 12- 1 \$ Vinyasa Flow Yoga (Room 213) 1-3 "Hearts Rule"	4 *No Senior Basketball in Gym today* 9:30-10:30 \$ Fitness & Strength (Room 214) *No Line Dancing Today* 2-3 Play Golf (Card Game) w/ Jenn	5 9-10:30 (Time Change) 55+ Corn Hole Instruction & Play (IN ROOM 118-not Gym) 11:30-12:30 \$ Plant-Based Cooking with Barb (Room 118) 1-2 Wellness Wednesday w/Alzheimer's Association: Effective Communication Strategies (Room 118)	6 *No Senior Volleyball in Gym Today* 9:30-10:30 \$ Fitness & Strength (Room 214) 10-11 Stretch & Strength (Room 118) 12- 1 \$ Vinyasa Flow Yoga (Room 213) 1-3 Bingo (Room 118)	7 9-11 55 + Pickle Ball (Gym) <div style="text-align: center;"> Senior Center is CLOSED Today </div> 2:45-5:45 55+ TABLE TENNIS (ROOM 118- NOT THE GYM)
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10 10-12 \$ Intermediate Basket Weaving (Senior Lounge) 10:30-11:30 "Musical Moments" Singing Practice 11:30-1 (New!) Rummikub 12- 1 \$ Vinyasa Flow Yoga (Room 213) 1-3 "Hearts Rule" 3-4 Poetry Workshop (Senior Lounge)	11 9:30-10:30 \$ Fitness & Strength (Room 214) 10-12 \$ Line Dancing (Room 118) 10:30-12 Beginner Zentangle (Room 211) 1-2:30 Parkinson's Support Group (Room 212) 6:30-8 \$ "Your American Jukebox" Evening Concert (Room 118)	12 9-11 55+ Corn Hole Instruction & Play (gym) 9:15-10 Monroe County Breakfast Program (Senior Lounge) 10-12 \$ Intermediate Basket Weaving (Senior Lounge) 1-2 Wellness Wednesday SCAMS PRESENTATION (Room 118) 2:30-4 Play Golf (Card Game) w/Jenn	13 9:30-10:30 \$ Fitness & Strength (Room 214) 10-11 Stretch & Strength (Room 118) 10:30-11:30 Intergenerational Program: Spring has Sprung Craft—(Room 122) 11-12 ART WITH LINDA- (SENIOR LOUNGE) 11-2 VA Outreach Table (Lobby) 12- 1 \$ Vinyasa Flow Yoga (Room 213) 1-3 Bingo (Room 118)	14 9-10 (Time Change for Today) Meet & Greet Friday w/ Monroe County Sheriff (Senior Lounge) 9:30-10:30 \$ Chair Yoga Stretch (Room 213) 10-12 \$ Intermediate Basket Weaving (Senior Lounge) 10:45-2:30 \$ TRIP: SUSAN B ANTHONY HOUSE & LUNCH (SOLD OUT) 12-2 \$ Boxed Zipper Bag-Fabric Craft w/Tamara (Spark Lab)
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9-11 55+ YARD GAMES (GYM) 10-1 Art Time 11-12 Grab & Go Lunch (pick up) 11:30-1 Rummikub 1-3 Hearts Rule 1-3 Dominoes	9:00-11 55+ Basketball 1-4 Texas Hold 'Em 2-3 Stretch & Strengthen (Room 118) 2-4 Puzzle Club 3-4 Open Billiards	8:45-9:15 Meditation (Room 215) 9-11 Woodcarvers (Room 211) 9-11 55+ Corn Hole Instruction & Play (gym) 10:30-3 Euchre 12:30-3:30 Chain Gang	9:00-11:30 Mahjongg 9:00-11 55+ Senior Volleyball (Gym) 10-11 Stretch & Strength (Room 118) 11:30-12:30 Connection Café (Room 118) 1-2 Have a Ball Fitness (Room 214) 1-3 Bingo (Room 118)	9:00-11 55+ Beginner Pickle Ball (gym) 1-3 Canasta 1-4 Various Poker Games 2-4 Puzzle Club 2-3 Power & Energy (Room 213) 2:45-5:45 55+ Table Tennis (Gym)

Monday	Tuesday	Wednesday	Thursday	Friday
17 10-1 Eldersource Appointments (call Jenn Kelley if you would like an appointment) 10:30-11:30 "Musical Moments" Singing Practice 12- 1 \$ Vinyasa Flow Yoga (Room 213) 1:15-2:15 BLOOD PRESSURE CHECKS w/CHS (SENIOR LOUNGE) 2-3 \$ PRIZE BINGO (ROOM 118)	18 9:30-10:30 \$ Fitness & Strength (Room 214) 10-12 \$ Line Dancing (Room 118) 11-12 \$ Spring Craft w/ Deb Cody (Senior Lounge) 1-2 Positivity Matters (Room 213) 3-4:30 Tech Tuesday w/Daniel Jones: Money Options (Room 211) 6-7:30 \$ Beaded Jewelry (Senior Lounge)	19 9-11 55+ Corn Hole Instruction & Play (gym) 9:15-10 Monroe County Breakfast Program (Senior Lounge) 11:30-12:30 \$ Plant-Based Cooking with Barb (Room 118) 1-2 Wellness Wednesday w/Cornell Cooperative (Room 118)	20 9:30-10:30 \$ Fitness & Strength (Room 214) 10-11 Stretch & Strength (Room 118) 12-1 \$ Vinyasa Flow Yoga (Room 213)	21 9:30-10:30 \$ Chair Yoga Stretch (Room 213) *No Meet & Greet Today* 1-2 Family Feud (Team spots are filled-sign-up to be in the audience) (Room 118)
24 10-1 Eldersource Appointments (call Jenn Kelley if you would like an appointment) 10:30-11:30 "Musical Moments" Singing Practice 10:30-12 \$ Beaded Jewelry— Seed Bead Bracelet (Senior Lounge) 12- 1 \$ Vinyasa Flow Yoga (Room 213) 1-2 "SHE SINGS"— AFTERNOON CONCERT— FREE! PLEASE REGISTER 2:00-3:30 \$ Mother's Day Memoir Craft— Session 1 of 3 (Room 211)	25 9:30-10:30 \$ Fitness & Strength (Room 214) 10-12 \$ Line Dancing (Room 118) 10:30-12 Advanced Zentangle (Room 211) 12:30-2 Tuesday Treasures (Senior Lounge) 12-1:30 Alzheimer's Association Presents: Managing Money (Room 118) 2:30-3:30 May Calendar Review (Senior Lounge)	26 9-11 55+ Corn Hole Instruction & Play (gym) 9:15-10 Monroe County Breakfast Program (Senior Lounge) 10:30-2:30 \$ TRIP: Abbey & the Genesee & Lunch (Sold Out) *No Wellness Wednesday Today* 2:00-3:30 \$ Mother's Day Memoir Craft— Session 2 of 3 (Room 211)	27 9:30-10:30 \$ Fitness & Strength (Room 214) 9:30-2 \$ TRIP to Del Lago Casino *No Stretch & Strength Today* 12-1 \$ Vinyasa Flow Yoga (Room 213) *NO CAFÉ CONNECTION OR BINGO TODAY	28 9:30-10:30 \$ Chair Yoga Stretch (Room 213) 11-12 Meet & Greet Friday w/ Terry from Chili FD (Senior Lounge) 2:00-3:30 \$ Mother's Day Memoir Craft— Session 3 of 3 (Room 211) <hr/> 10am-8pm Chili Art Group: 2023 Spring Show and Sale (Room 118 and Hallway) Saturday 4/29 Art Show Hours: 10-6 Sunday 4/30 Art Show Hours: 10-4

April Programs & Events

April Highlights...

Mondays, 11:30-1: Rummikub

If you enjoy both Rummy and Dominoes, this is a game for you to try!

Tuesday, April 11: "Your American Jukebox" Concert (6:30-8pm)

"Your American Jukebox" is a variety band of many genres, including disco, swing, jazz, blues, Latin, pop, and classic rock. The cost of this concert is \$5 (\$7 non-residents). Refreshments will be provided. Please sign-up by April 10.

Monday, April 17: Prize BINGO in Room 118 (2-3pm)

Jenn Kelley will call a number of one-line BINGO games. If you win, you can choose a prize from the prize table! The cost is \$4. Please register by April 14.

Tuesday, April 18: Spring Craft w/ Deb Cody (11am-12pm)

Come create a wall-hanging that holds 3 mini flower pots with silk flowers. You will also create the floral arrangements. The cost is \$2 and due to instructor on day of class.

Friday, April 21: Family Feud (1-2pm)

Cheer on two teams of residents as they compete for the Family Feud Title! Teams have already been determined, but all are invited to be audience members!

Thursday, April 27: Trip to Del Lago Casino (9:30am-2:00pm)

We will take a trip up the Thruway to visit Del Lago Casino. We will use Chili Transportation and space is limited. There are no Free Play offers associated with this trip (other than the April Promotions listed on the casino website). The cost is \$7 per person and you are on your own for lunch/gambling.

Mother's Day Memoir Craft

With Mother's Day approaching, we have a unique opportunity for moms to create a beautiful keepsake. The title of the project is "These Hands..." In order to participate in this activity, you **MUST** be available for all three session dates: Monday, April 24 (2:00-3:30 pm), Wednesday, April 26 (2:00-3:30 pm) and Friday, April 28 (2:00-3:30 pm). Each session will take place in Room 211. At the end of the three sessions, you will have created a beautiful, framed piece that highlights your achievements as a family matriarch. The cost is \$3 per person and you must sign-up by Thursday, April 20. Please see Jenn Kelley with any questions!

Upcoming Special Events...

- **Cinco de Mayo Celebration: Friday, May 5 (11:30-1:30 in room 118).** Enjoy a Mexican-Themed Meal with us! Marianna Gonzalez will provide music with her accordion, and we will have a Piñata Contest. The cost is \$8 (\$10 non-residents). Registration closes on May 1st.
- **Music & Merriment Senior Citizen Dinner at Gates Middle School: Wednesday, May 10 in the Gates Chili Middle School Cafeteria.** Pasta dinner begins at 4pm. Tickets are Free, but you must sign-up at the front desk (NOT ONLINE) by April 17. You are then responsible for picking your tickets up from CCC after 4/17, and your own transportation.

Monroe County Breakfast Program Beginning in April!

Beginning April 12, we will offer a breakfast opportunity through Monroe County. The breakfast will take place in the senior lounge every Wednesday from 9:15-10:00am. No take-outs please. A \$3.50 contribution is suggested, but not required. **PLEASE SIGN-UP ONLINE OR AT THE FRONT DESK A WEEK IN ADVANCE FOR EVERY BREAKFAST YOU PLAN TO ATTEND.** **Disclaimer:** No eligible person shall be denied benefits or subjected to discrimination under any program or activity receiving any Federal, State or County funding. This includes but is not limited to: race, color, sex, religion, national origin, disability, sexual orientation, marital status, veteran and/or military status, immigration status, creed, domestic violence victim status, criminal history, gender identity, genetic predisposition or carrier status. **Funding:** This program receives its funding through participants' contributions, U.S. Administration on Aging, N.Y. State Office for the Aging, N.Y. State Department of Health, and Monroe County Dept. of Human Services/Office for the Aging.

See Jenn Kelley for any questions related to our new breakfast program!
The menu is printed on the back of the Connection Café Lunch Menu!



April Programs & Events

Grab and Go- Lunch Club 60 Program (Mondays)



Monroe County Office for the Aging

The Lunch Club 60 Program is a congregate meal program for people aged 60 and older. It is administered by the Monroe County Office for the Aging. It was created in 1972 as part of the Older Americans Act, and is designed to help the older person enjoy better health through improved nutrition. The suggested meal donation for Lunch Club 60 is \$3.50 per person. Meal selections change monthly. If you are under the age of 60, lunch cost is \$6.00 per person. The Chili Senior Center offers lunches on Mondays and for more information please call 889-4680. *Disclaimer: No eligible person shall be denied benefits or subjected to discrimination under any program or activity receiving any Federal, State or County funding. This includes but is not limited to: race, color, sex, religion, national origin, disability, sexual orientation, marital status, veteran and/or military status, immigration status, creed, domestic violence victim status, criminal history, gender identity, genetic predisposition or carrier status. Funding: This program receives its funding through participants' contributions, U.S. Administration on Aging, N.Y. State Office for the Aging, N.Y. State Department of Health, and Monroe County Dept. of Human Services/Office for the Aging*

Connection Café: April Menu

Thursdays from 11:30-12:30 in Room 118. The cost is \$6/\$8 and registration is required.

April 6: Meatball Subs, Tater Tots, Vegetable, & Dessert

April 13: Beef over Noodles, Mixed Veg, & Dessert

April 20: Breakfast Sandwich w/Meat, Hash Brown, & Dessert

April 27: There is **NO Connection Café or BINGO** due to Art Show Set-Up

A Note from Senior Programmer, Jenn Kelley...

If you have any questions about any of the Senior Center Programs and Activities, please reach out to me at 585-889-6185.

Sports & Games

- ◆ Senior Yard Games (Mondays, 9-11)
- ◆ Senior Basketball (Tuesdays, 9-11)
- ◆ Billiards (Tuesdays, 3-4)
- ◆ Senior Corn Hole (Wednesdays, 9-11)
- ◆ Bingo (Thursdays, 1-3)
- ◆ Canasta (Fridays, 1-3)
- ◆ Chess Club (Tuesdays, 10-12)
- ◆ Dominoes (Mondays, 1-3)
- ◆ Euchre (Wednesdays, 10:30-3)
- ◆ **Hearts Rule (NEW!)** Card Instruction (Mondays, 1-3)
- ◆ Mahjonn (Thursdays, 9:00-11:30)
- ◆ Senior Volleyball (Thursdays, 9-11)
- ◆ Puzzle Club (Tuesdays/Fridays, 2-4)
- ◆ (New!) Rummikub (Mondays, 11:30-1)
- ◆ Texas Hold Em' (Tuesdays, 1-4)
- ◆ Various Poker Games (Friday, 1-4)
- ◆ 55+ Table Tennis (Fridays, 2:15-5:45pm)

My Programs

Write down the programs you plan to attend!

Check here when you've registered

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Additional Programs for Adults can be found in our Online Catalog! There is plenty more to choose from and enjoy.