

ONGOING WEEKLY PROGRAMS— IN SENIOR LOUNGE UNLESS OTHERWISE NOTED

Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
10-1 Art Time 11-12 Grab & Go Lunch (pick up) 11:30-1 Rummikub 1-3 Hearts Rule 1-3 Dominoes	10-12 Chess Club 1-4 Texas Hold 'Em 2-3 Stretch & Strengthen (Room 118) 2-4 Puzzle Club 3-4 Open Billiards	8:45-9:15 Meditation (Room 215) 9-11 Woodcarvers (Room 211) 10:30-3 Euchre 12:30-3:30 Chain Gang 2-3 (New Day!) Power & Energy (Room 213)	8:00-11:00 55+ BEGINNER PICKLE BALL (GYM) 9:00-11:30 Mahjonn 10-11 Stretch & Strength (Room 118) 11:30-12:30 Connection Café (Room 118) 1-2 Have a Ball Fitness (Room 214) 1-3 Bingo (Room 118)	1-3 Canasta 1-4 Various Poker Games 2-4 Puzzle Club 2:45-5:45 55+ Table Tennis (Gym)
Monday	Tuesday	Wednesday	Thursday	Friday
3 Senior Center is open for card games only, today. Please bring your own coffee/tea!	4 CHILI COMMUNITY CENTER IS CLOSED TODAY! Happy Fourth of July! 	5 *No breakfast today* 1-2 Wellness Wednesday w/Alzheimer's Association (Room 118)	6 9:30-10:30 \$ Fitness & Strength (Room 214) 1-2 HAVE A BALL FITNESS (ROOM 214) 1-3 Bingo (Room 118)	7 *No Chair Yoga Today 11-12 Meet and Greet with Jenn (SCAMS PRESENTATION)- The date has been changed from 7/19, Room 118
10 9:30-10:15 \$ Tai Chi-PART 2 (Room 213) 2-3 \$ Presentation with Chris Bensch (Head Curator at the Strong Museum) (Room 118)	11 9/9:10 \$ Senior Golf Club at Morgan's Crossing — Meet at Golf Course at 8:30 9:30-10:30 \$ Fitness & Strength (Room 214) 10-12 \$ Line Dancing (Room 118) 1-2:30 Parkinson's Support Group (Room 212)	12 9:15-10 Monroe County Breakfast Program (Senior Lounge) 9:30-10:15 \$ Tai Chi-PART 2 (Room 213) 10-11:30 55+ Cornhole 1-2 WELLNESS WEDNESDAY w/GV PHYSICAL THERAPIST, MIKE DIX (ROOM 118) 6:30-8 Summer Concert Series: She Sings — Folk Band (Room 118)	13 9:30-10:30 \$ Fitness & Strength (Room 214) *THERE IS NO CONNECTION CAFÉ TODAY* 11-12 ART W/ LINDA IS CANCELLED. SHE WILL RETURN IN OCTOBER 11-2 VA Outreach Table (Lobby) 1-2 HAVE A BALL FITNESS (ROOM 214) 1-3 Bingo (Room 118)	14 9-9:30 Voices and Visions Committee Meeting (Senior Lounge) 9:30-10:30 \$ Chair Yoga Stretch (Room 213) *No Meet and Greet Today 1-2 Jeopardy! (Room 118)
17 9:30-10:15 \$ Tai Chi-PART 2 (Room 213) 10-1 Eldersource Appointments (call Jenn Kelley if you would like an appointment) 10:30-12 \$ Beaded Jewelry Making (Snowflake) Senior Lounge 1:15-2:15 Blood Pressure Checks	18 8:30-3:30 \$ Trip to Olivers and Batavia Downs 9/9:10 \$ Senior Golf Club at Morgan's Crossing — Meet at Golf Course at 8:30 9:30-10:30 \$ Fitness & Strength (Room 214) 10-12 \$ Line Dancing (Room 118) 3-4:30 Tech Tuesday w/Daniel Jones: E-Books (Room 211) 6-7:30 \$ Beaded Jewelry Making (Snowflake) Senior Lounge	19 9:15-10 Monroe County Breakfast Program (Senior Lounge) 9:30-10:15 \$ Tai Chi-PART 2 (Room 213) 10-11:30 55+ Cornhole 1-2 Wellness Wednesday w/Cornell Cooperative (Room 118) 6:30-8 Summer Concert Series: 8 Days a Week—Beatles Band (Room 118)	20 9:30-10:30 \$ Fitness & Strength (Room 214) 1-2 HAVE A BALL FITNESS (ROOM 214) 1-3 Bingo (Room 118) 2:30-3:30 FARMER'S MARKET COUPON DISTRIBUTION (ROOM 118)	21 9:30-10:30 \$ Chair Yoga Stretch (Room 213) 10-11 FARMER'S MARKET COUPON DISTRIBUTION— IF ANY ARE LEFT (SENIOR LOUNGE) 11-12 Meet and Greet with Monroe County Sheriff (Senior Lounge)



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Monday	Tuesday	Wednesday	Thursday	Friday
24 9:30-10:15 \$ Tai Chi-PART 2 (Room 213) 1-2:30 \$ Orphan Train Video Presentation (Room 211)	25 9/9:10 \$ Senior Golf Club at Morgan's Crossing — Meet at Golf Course at 8:30 9:30-10:30 \$ Fitness & Strength (Room 214) 10-12 \$ Line Dancing (Room 118) 11-12 \$ Craft with Deb Cody— Nautical Theme (Senior Lounge) 12:30-2 Tuesday Treasures (Senior Lounge) 1-2 \$ American History Presentation w/ Tom Boyce (Room 118) 2:30-3:30 August Calendar Review (Room 118)	26 9:15-10 Monroe County Breakfast Program (Senior Lounge) 9:30-10:15 \$ Tai Chi-PART 2 (Room 213) 10-11:30 55+ Cornhole 1-2 Wellness Wednesday w/Wegman's Pharmacists (Room 118) 1-3 Billiard Pool Tournament (Senior Lounge) 6:30-8 Summer Concert Series: The Don Newcomb Band— Classic Rock (Room 118)	27 9:30-10:30 \$ Fitness & Strength (Room 214) 1-2 HAVE A BALL FITNESS (ROOM 214) 1-3 Bingo (Room 118)	28 9:30-10:30 \$ Chair Yoga Stretch (Room 213) 11-12 Meet and Greet with Michelle Melvin from the U.S. Navy (Senior Lounge)

31 9:30-10:15 \$ Tai Chi-PART 2 (Room 213) 11-1:30 \$ Mystery Lunch Trip (Meet in Senior Lounge at 11)	<h2 style="margin: 0;">Summer Concert Series</h2> <p style="margin: 0;">6:30-8 PM in Room 118— Free, but please register!</p> <p style="margin: 0;">July Concerts are listed in Calendar...August Concerts:</p> <p style="margin: 0;">August 2: <i>The Brickband</i> (Rock and Country)</p> <p style="margin: 0;">August 9: <i>78 RPM</i> (Large Instrumental Jazz Band)</p>
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Please call Jenn Kelley, Senior Programmer, at 585-889-6185 if you have questions about any Senior Activities! Additional details about programs & events can also be found online at www.townofchili.org.

July Programs & Events

July Highlights...

Monday, July 10: A Curator's Day at the Strong Museum w/ Chris Bensch (2-3)

Get a glimpse at what goes on behind the scenes for Strong Museum's Chief Curator!

Tuesdays: July 11, 18, & 25: Senior Golf Club at Morgan's Crossing Golf Course

We are offering two tee-times at Morgan's Crossing on Tuesdays: 9:00am and 9:10 am. The total price of \$23 includes 9-holes and a cart. You must sign-up for every individual round if you plan to play. Space is limited. Transportation is on your own. You should plan on being at Morgan's Crossing by 8:30 am to assure you are on-time to begin play. See Jenn Kelley with any questions.

Wednesdays, July 12: Wellness Wednesday w/ GV Physical Therapist (1-2)

Join Mike Dix from GV Physical Therapy, for a presentation on your health and balance!

Friday, July 14: Jeopardy! (1-2)

Our contestants are ready to compete! Please register and come cheer them on!

Monday, July 17: Free Blood Pressure Checks with CHS (1:15-2:15)

CHS is back to perform blood pressure checks for our seniors. Please sign-up if you plan to attend!

Tuesday, July 18: Trip to Oliver's Candy and Batavia Downs Gaming (8:30-3:30)

We will get a behind the scenes tour of the famous Oliver's Candies Chocolate Factory in Batavia, NY and will then complete the trip with a few hours at Batavia Downs Gaming! The cost is \$12 (covers tour and transportation). Lunch/gambling on your own. Space is limited so sign-up today!

Monday, July 24: Orphan Train Presentation (1-2:30)

The Orphan Train Movement was a supervised welfare program that transported children from crowded Eastern cities of the United States to foster homes located largely in rural areas of the Midwest. The orphan trains operated between 1854 and 1929, relocating about 200,000 children. Join us to watch this documentary by Mike Keene. We will meet in room 211.

Tuesday, July 25: Nautical Craft with Deb Cody (11-12)

Come make a Nautical "At the Beach" Hanging Craft w/ Deb. \$5.00 due to instructor on day of class. Space is limited, so sign-up today!

Wednesday, July 26: Billiard (8-Ball) Tournament

Sign-up to compete against your senior friends! We will play a bracket-style 8-Ball tournament and the winners will receive a prize!

Monday, July 31: Mystery Lunch Trip

Feeling brave?? Join us for a Mystery Lunch on Friday, July 31. The Chili bus will leave the center promptly at 11:00 am. We will return around 1:30pm. Please note that you are responsible for the cost of your own food at the Mystery Restaurant. Space is limited so sign-up today. The cost is \$ 4 for roundtrip transportation (you must ride with us).

FARMERS MARKET COUPONS: First come, first serve on July 20 & 21
See the calendar for specific times and room locations.

Monroe County Breakfast Program Continues!

We now offer a Monroe County breakfast every Wednesday. The breakfast will take place in the senior lounge from 9:15-10:00am. No take-outs please. A \$3.50 contribution is suggested, but not required. PLEASE SIGN-UP ONLINE OR AT THE FRONT DESK A WEEK IN ADVANCE FOR EVERY BREAKFAST YOU PLAN TO ATTEND. *Disclaimer: No eligible person shall be denied benefits or subjected to discrimination under any program or activity receiving any Federal, State or County funding. This includes but is not limited to: race, color, sex, religion, national origin, disability, sexual orientation, marital status, veteran and/or military status, immigration status, creed, domestic violence victim status, criminal history, gender identity, genetic predisposition or carrier status.* **Funding:** This program receives its funding through participants' contributions, U.S. Administration on Aging, N.Y. State Office for the Aging, N.Y. State Department of Health, and Monroe County Dept. of Human Services/Office for the Aging.

See Jenn Kelley for any questions related to our new breakfast program!
The menu is printed on the back of the Connection Café Lunch Menu!



