


ONGOING WEEKLY PROGRAMS— IN SENIOR LOUNGE UNLESS OTHERWISE NOTED

Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
10-1 Art Time 11-12 Grab & Go Lunch (pick up) 11:30-1 Rummikub 1-3 Pinochle 1-3 Dominoes	10-12 Chess Club 1-4 Texas Hold 'Em— no other Poker Games during this time 2-3 Stretch & Strengthen (Room 118) 2-4 Puzzle Club 3-4 Open Billiards	8:45-9:15 Meditation (Room 215) 9-11 Woodcarvers (Room 211) 9-11 Adult Cornhole (gym) 10:30-3 Euchre 12:30-3:30 Chain Gang	9:00-11:30 Mahjongg 10-11 Stretch & Strength (Room 118) 11:30-12:30 Connection Café (Room 118) 1-3 Bingo (Room 118) 2:30-4 Dominoes (Senior Lounge)	9-11 55+ Basketball 1-3 Canasta 1-4 Various Poker Games 2-4 Puzzle Club 2:45-5:45 55+ Table Tennis (Gym)
Monday	Tuesday	Wednesday	Thursday	Friday
Effective June 1: The Senior Center will be closed on Saturdays through the Summer.	Upcoming Casino Trip to Seneca Niagara (Monday, July 1) \$35 per person Receive \$25 back in Free Play and a \$ 5 Food Voucher	1 9-11 Adult Corn Hole (gym) *No Breakfast Today* 11:30-1 \$ Cinco de Mayo Party and Lunch-reservations closed (Room 118) 1-2 Wellness Wednesday Alzheimer's Association (Room 212)	2 *No Fitness & Strength today* *NO CAFÉ TODAY* *NO SAIL TODAY* 12-1 \$ Vinyasa Flow Yoga (Room 213) 1-2 Have a Ball (Room 214) 1-3 Bingo (Room 118) 2:30-4 Dominoes (Senior Lounge)	3 *No chair yoga today* 11-12 MEET & GREET WITH MC SHERIFF (SENIOR LOUNGE)
6 10:30-11:30 Musical Moments Sing Group (Room 118) 12-1 \$ Vinyasa Flow Yoga (Room 213) 1-2 Pictionary! (Room 118)	7 9:30-10:30 \$ Fitness & Strength (Room 214) 10-12 \$ Line Dancing (Room 118) 10:30-12 Beginner Zentangle (Room 211) 11-12 \$ Sail Exercise w/Lifespan-New Session Begins today (Room 210)	8 9-11 Adult Corn Hole (gym) 9:15-10 Monroe County Breakfast Program (Senior Lounge) 11:30-12:30 \$ Plant Based Cooking w/ Barb (Room 118) *No Wellness Wednesday Today* 4-5pm Music & Merriment Event at Gates-Chili Middle School (free tickets are available at front desk) Transportation is on your own	9 8:45-9:45 Healthy Living w/Linda (Room 215) 9:30-10:30 \$ Fitness & Strength (Room 214) 11-12 Art w/ Linda (Senior Lounge) 12-1 \$ Vinyasa Flow Yoga (Room 213) 1-2 Have a Ball (Room 214) 1-3 Bingo (Room 118) 2-3 \$ Sail Exercise w/Lifespan (Room 210) 2:30-4 Dominoes (Senior Lounge)	10 9:30-10:30 \$ Chair Yoga Stretch (Room 213) *No Meet and Greet Today* 11:30-1:30 \$ Mother's Day Tea Party (Room 118)

Please call Jenn Kelley, Senior Programmer, at 585-889-6187 if you have questions about any Senior Activities. Additional details about programs & events can also be found online at: <http://www.townofchili.org/chili-community-center/>. Click on "Online Catalog & Registration."



ONGOING WEEKLY PROGRAMS— IN SENIOR LOUNGE UNLESS OTHERWISE NOTED

Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
10-1 Art Time 11-12 Grab & Go Lunch (pick up) 11:30-1 Rummikub 1-3 Pinochle 1-3 Dominoes	10-12 Chess Club 1-4 Various Poker Games 2-3 Stretch & Strengthen (Room 118) 2-4 Puzzle Club 3-4 Open Billiards	8:45-9:15 Meditation (Room 215) 9-11 Woodcarvers (Room 211) 9-11 Adult Cornhole (gym) 10:30-3 Euchre 12:30-3:30 Chain Gang	9:00-11:30 Mahjongg 10-11 Stretch & Strength (Room 118) 11:30-12:30 Connection Café (Room 118) 1-3 Bingo (Room 118) 2:30-4 Dominoes (Senior Lounge)	9-11 55+ Basketball 1-3 Canasta 1-4 Various Poker Games 2-4 Puzzle Club 2:45-5:45 55+ Table Tennis (Gym)
Monday	Tuesday	Wednesday	Thursday	Friday
13 10-12 \$ Advanced Basket Weaving (Senior Lounge) 10:30-12:00 \$ Musical Moments Concert & Continental Breakfast (Room 118) 12-1 \$ Vinyasa Flow Yoga (Room 213)	14 9:30-10:30 \$ Fitness & Strength (Room 214) 10-12 \$ Line Dancing (Room 118) 11-12 \$ Sail Exercise w/Lifespan (Room 210) 11-12 \$ Craft w/ Deb Cody (Senior Lounge) 1-2:30 Parkinson's Support Group (Room 212) 3-4:30 Tech Tuesday w/Daniel Jones: Apps that Deliver (Room 211)	15 9-11 Adult Corn Hole (gym) 9-11:30 Spring Hike: Greenway Trail (meet in senior lounge) 9:15-10 Monroe County Breakfast Program (Senior Lounge) 10-12 \$ Advanced Basket Weaving (Senior Lounge) 1-2 Wellness Wednesday w/ Cornell Cooperative Extension (Room 118)	16 9:30-10:30 \$ Fitness & Strength (Room 214) 12-1 \$ Vinyasa Flow Yoga (Room 213) 1-2 Have a Ball (Room 214) 1-3 BINGO (Room 118) 2-3 \$ Sail Exercise w/Lifespan (Room 210) 2:30-4 Dominoes (Senior Lounge)	17 9:30-10:30 \$ Chair Yoga Stretch (Room 213) 10-12 \$ Advanced Basket Weaving (Senior Lounge) 8-2 \$ Trip to Finger Lakes Gaming (meet in senior lounge by 7:45am)
20 10-1 Eldersource Representative: Call Jenn Kelley if you'd like an appointment 889-6187 10:30-11:30 Musical Moments Sing Group (Room 118) 12-1 \$ Vinyasa Flow Yoga (Room 213) 1-2:30 \$ Beaded Jewelry Making (Senior Lounge)	21 9:30-10:30 \$ Fitness & Strength (Room 214) 10-12 \$ Line Dancing (Room 118) 11-12 \$ Sail Exercise w/Lifespan (Room 210) 1-2 \$ History Presentation w/Tom Boyce: Teddy Roosevelt (Room 211) 3-3:30 AGAPE Advice (Room 118)	22 9-11 Adult Corn Hole (gym) 9-11:30 Spring Hike: Highland Park (meet in senior lounge) 9:15-10 Monroe County Breakfast Program (Senior Lounge) 11:30-12:30 \$ Plant Based Cooking w/ Barb (Room 118) *No Wellness Wednesday Today*	23 9:30-10:30 \$ Fitness & Strength (Room 214) 12-1 \$ Vinyasa Flow Yoga (Room 213) 1-2 Have a Ball (Room 214) 1-3 BINGO (Room 118) 2-3 \$ Sail Exercise w/Lifespan (Room 210) 2:30-4 Dominoes (Senior Lounge)	24 9:30-10:30 \$ Chair Yoga Stretch (Room 213) 1-2 Pictionary! (Room 118)
27 <h2 style="text-align: center;">Memorial Day Senior Center is Closed</h2> 	28 9:30-10:30 \$ Fitness & Strength (Room 214) *No Line Dancing Today* 10:30-12 Advanced Zentangle (Room 211) 11-12 \$ Sail Exercise w/Lifespan (Room 210) 12:30-2 Tuesday Treasures— PLEASE NO CLOTHES (Senior Lounge)	29 9-11 Adult Corn Hole (gym) *No Breakfast Today* 11:30-1:30 \$ Mexican Mystery Lunch Trip (we will leave senior lounge at 11:30 am) 1-2 Wellness Wednesday Mental Health Matters w/ Kristina (Room 118) 2-3pm June Calendar Review (Room 118)	30 9:30-10:30 \$ Fitness & Strength (Room 214) 10:15-1:30 Red Wings Game w/Monroe County 12-1 \$ Vinyasa Flow Yoga (Room 213) 1-2 Have a Ball (Room 214) 1-3 BINGO (Room 118) 2-3 \$ Sail Exercise w/Lifespan (Room 210) 2:30-4 Dominoes (Senior Lounge)	31 9:30-10:30 \$ Chair Yoga Stretch (Room 213)

May Programs & Events

May Highlights...

****EFFECTIVE JUNE 1ST- THE SENIOR CENTER WILL BE CLOSED ON SATURDAYS****

CINCO DE MAYO PARTY: Wednesday, May 1 from 11:30-1 in Room 118

Music by Marianna Gonzalez. Menu includes: hard shell taco, chicken and cheese enchilada, rice and beans and dessert. **No sign-ups or cancellations after April 26.** The cost is \$10 resident/ \$12 non-resident. You must sign-up and pay to attend the ENTIRE event (you may not just come for music).

MEET & GREET WITH DEPUTY PAYNE FROM MC SHERIFFS: Friday, April 3 from 11-12

PLAY Pictionary: Monday, May 6 & Friday, May 24 from 1-2 in Room 118

Join us to play Pictionary with groups! We need at least 8 signed-up to make it happen!

BEGINNER & ADVANCED ZENTANGLE IS BACK! See calendar for dates & details

Music & Merriment: Gates Chili Middle School Cafeteria: Wednesday, May 8 at 4pm.

Tickets are free (2 per senior) and available at the front desk (no online sign-up). Event includes music from student bands and a pasta dinner. Transportation is on your own!

Musical Moments Concert & Continental Breakfast: Monday, May 13 from 10:30-12 in Room 118

Our musical moments singing group will perform and everyone will be served a continental breakfast. The cost is \$5/\$7 non-residents and the very last day to sign-up is May 9.

SPRING CRAFT W/ DEB CODY: Tuesday, May 14 from 11-12 in the Senior Lounge

Join Deb as she walks you through a beautiful Spring Craft! The cost is \$3 and is due to her day of.

SPRING HIKES ARE BACK!

May 15: Greenway Trail in Scottsville, NY & May 22: Highland Park. If you will be riding with us, there is a \$3 charge and you must sign-up for "transportation", as well.

FINGER LAKES GAMING DAY TRIP: Friday, May 17 from 8-2pm

We will leave the Senior Center at 8:00 sharp and return around 2pm. There are no free play offers with this trip. The cost (\$8 per person) is for your round-trip transportation. You are on your own for gambling and food! Space is limited and sign-up does not begin until May 1st!

HISTORY PRESENTATION W/ TOM BOYCE: Tuesday, May 21 from 1-2 in Room 211

Tom Boyce is back to present on Teddy Roosevelt! The cost is \$3 per person.

MEXICAN MYSTERY LUNCH TRIP: Wednesday, May 29 from 11:30-1:30pm

Join us for a MEXICAN Mystery lunch trip. The cost is \$3 for transportation (you must ride with us) plus the cost of your own food. We will leave the Senior Center promptly at 11:30am.

ROCHESTER RED WINGS BASEBALL GAME: THURSDAY, May 30

Monroe County is sponsoring a day at the ballpark for senior citizens in the area. The game begins at 11:05 and we will leave by 10:15. The total cost of this event is \$3 and signing-up here also signs you up for transportation (you MUST ride with us). Space is limited. Sign-up is open for this event. There will be a hot dog lunch provided in the pavilion area that is reserved. Please visit the Red Wings Website to find out what you are allowed to bring in to the ballpark. www.redwingsbaseball.com

Monroe County Breakfast Program



We now offer a Monroe County breakfast every Wednesday. The breakfast will take place in the senior lounge from 9:15-10:00am. No take-outs please. A \$3.50 contribution is suggested, but not required. PLEASE SIGN-UP ONLINE OR AT THE FRONT DESK A WEEK IN ADVANCE FOR EVERY BREAKFAST YOU PLAN TO ATTEND. **Disclaimer:** No eligible person shall be denied benefits or subjected to discrimination under any program or activity receiving any Federal, State or County funding. This includes but is not limited to: race, color, sex, religion, national origin, disability, sexual orientation, marital status, veteran and/or military status, immigration status, creed, domestic violence victim status, criminal history, gender identity, genetic predisposition or carrier status. **Funding:** This program receives its funding through participants' contributions, U.S. Administration on Aging, N.Y. State Office for the Aging, N.Y. State Department of Health, and Monroe County Dept. of Human Services/Office for the Aging.

May Programs & Events

Grab and Go- Lunch Club 60 Program (Mondays)



Monroe County Office for the Aging

The Lunch Club 60 Program is a congregate meal program for people aged 60 and older. It is administered by the Monroe County Office for the Aging. It was created in 1972 as part of the Older Americans Act, and is designed to help the older person enjoy better health through improved nutrition. The suggested meal donation for Lunch Club 60 is \$3.50 per person. Meal selections change monthly. If you are under the age of 60, lunch cost is \$6.00 per person. The Chili Senior Center offers lunches on Mondays and for more information please call 889-4680. *Disclaimer: No eligible person shall be denied benefits or subjected to discrimination under any program or activity receiving any Federal, State or County funding. This includes but is not limited to: race, color, sex, religion, national origin, disability, sexual orientation, marital status, veteran and/or military status, immigration status, creed, domestic violence victim status, criminal history, gender identity, genetic predisposition or carrier status. Funding: This program receives its funding through participants' contributions, U.S. Administration on Aging, N.Y. State Office for the Aging, N.Y. State Department of Health, and Monroe County Dept. of Human Services/Office for the Aging*

Connection Café: May Menu

Thursdays from 11:30-12:30 in Room 118. The cost is \$6/\$8 and registration is required.

May 2: No CAFÉ or Transportation- There IS BINGO

May 9: Meatloaf w/ Potato, Veg, & Dessert

May 16: Chicken Salad on a Croissant, Chips, & Dessert

May 23: Italian Sausage w/Peppers & Onions, Side, & Dessert

May 30: Chef's Choice Pizza, Salad, & Dessert

PLEASE SEE THE REVERSE OF THE CONNECTION CAFÉ MENU FOR THE WEDNESDAY BREAKFAST OPTIONS.

Sports & Games

- ◆ Adult Corn Hole (Wednesdays, 9-11)
- ◆ 55+ Basketball (Fridays, 9-11)
- ◆ Billiards (Tuesdays, 3-4)
- ◆ Bingo (Thursdays, 1-3)
- ◆ Canasta (Fridays, 1-3)
- ◆ Chess Club (Tuesdays, 10-12)
- ◆ Dominoes (Mondays, 1-3)
- ◆ Euchre (Wednesdays, 10:30-3)
- ◆ Pinochle (Mondays, 1-3)
- ◆ Mahjonn (Thursdays, 9:00-11:30)
- ◆ Puzzle Club (Tuesdays/Fridays, 2-4)
- ◆ Rummikub (Mondays, 11:30-1)
- ◆ Various Poker Games (Tuesdays, 1-4)
- ◆ Various Poker Games (Friday, 1-4)
- ◆ Adult/55+ Table Tennis (Fridays, 2:45-5:45pm)

*Tables in the Senior Lounge are open M-F for various card games. Bring a group of friends to play a game!

My Programs

Write down the programs you plan to attend!

Check here when you've registered

_____	<input type="checkbox"/>
_____	<input type="checkbox"/>
_____	<input type="checkbox"/>
_____	<input type="checkbox"/>
_____	<input type="checkbox"/>
_____	<input type="checkbox"/>
_____	<input type="checkbox"/>
_____	<input type="checkbox"/>
_____	<input type="checkbox"/>
_____	<input type="checkbox"/>
_____	<input type="checkbox"/>
_____	<input type="checkbox"/>
_____	<input type="checkbox"/>
_____	<input type="checkbox"/>
_____	<input type="checkbox"/>
_____	<input type="checkbox"/>



Additional Programs for Adults can be found in our Online Catalog! There is plenty more to choose from and enjoy.